



# JANUARY 2024

## Port Wentworth Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>CENTER CLOSED</b>	<b>2</b> <b>9:30</b> Coffee and Newspaper <b>10</b> Noodles & Stretch <b>10:30</b> Hangman <b>1</b> Rummikub	<b>3</b> <b>9:30</b> Coffee and Newspaper <b>10</b> Walk and Weights <b>11</b> Would You Rather <b>12:30</b> Rummikub	<b>4</b> <b>Pajama Day</b> <b>9</b> Hot Chocolate Bar <b>9:45</b> Tai Chi <b>10:30</b> Bingo <b>12:30</b> Chapter 2 – What’s next For You? <b>1:30</b> Farkle Dice	<b>5</b> <b>9:30</b> Oz Puzzle <b>10</b> Morning Meditation <b>10:30</b> Site Council <b>11</b> Dry Bar Comedy <b>1</b> Phase 10
<b>8</b> <b>9</b> Wacky Wordies <b>9:45</b> Zumba <b>10:30</b> Bingo <b>12:30</b> UGA Jackie Ogden <b>1</b> Rummikub	<b>9</b> <b>9:30</b> Cliché Day <b>10</b> Noodles & Stretch <b>11</b> Hangman Challenge <b>12:30</b> Computer Class with Avril <b>1:30</b> Phase 10	<b>10</b> <b>9:30</b> Word Puzzle <b>10</b> Walk and Weights <b>11</b> Grocery Deals <b>12:30</b> Macramé Holder <b>1</b> Rummikub	<b>11</b> <b>9</b> Coffee and Newspaper <b>9:45</b> Tai Chi <b>10:30</b> Bingo <b>12:30</b> The Front Porch- Shawnessey Cargile <b>1:30</b> Rummikub	<b>12</b> <b>9:30</b> Walk The Block <b>10:30</b> Jeopardy <b>12:30</b> Who was Lucretia Mott? <b>1:30</b> Phase 10
<b>15</b> <b>Martin Luther King Jr. Day</b>  <b>CENTER CLOSED</b>	<b>16</b> <b>9:30</b> Coffee and Newspaper <b>10</b> Noodles & Stretch <b>10:30</b> MLK Day <b>12:30</b> Computer Class with Avril <b>1</b> Rummikub	<b>17</b> <b>9:30</b> Crosswords <b>10</b> Walk and Weights <b>10:30</b> Crosswalk The Musical <b>11</b> Grocery Deals <b>1</b> Jingo	<b>18</b> <b>9</b> Word Puzzle <b>9:45</b> Tai Chi <b>10:30</b> Bingo <b>12:30</b> Walk The Block <b>1</b> Farkle Dice	<b>19</b> <b>9:30</b> A-maze Your Mind <b>10</b> Meditation <b>11</b> Lunch and a Movie: Mickey Blue Eyes <b>1</b> Rummikub
<b>22</b> <b>9</b> Coffee and News <b>9:45</b> Zumba <b>10:30</b> Bingo <b>12:30</b> Mental Health in Winter Months <b>1</b> Guess Who	<b>23</b> <b>9:30</b> Words Puzzle <b>10</b> Noodles & Stretch <b>10:30</b> Hangman Challenge <b>1</b> Farkle Dice	<b>24</b> <b>9:30</b> Brain Bender <b>10</b> Walk and Weights <b>10:30</b> Trivia <b>11</b> Grocery Deals <b>1</b> Phase 10	<b>25</b> <b>9</b> Crosswords <b>9:45</b> Tai Chi <b>10:30</b> Bingo <b>12:30</b> Family Feud <b>1</b> Rummikub	<b>26</b> <b>9:30</b> Walk The Block <b>10:30</b> Jeopardy <b>12:30</b> Coffee and News <b>1:30</b> Phase 10
<b>29</b> <b>9</b> Winter Crossword <b>9:45</b> Zumba <b>10:30</b> Bingo <b>12:30</b> Melissa Singleton Speaks <b>1:30</b> Phase 10	<b>30</b> <b>9:30</b> Coffee and Newspaper <b>10</b> Noodles and Stretch <b>11</b> Hangman Challenge <b>12:30</b> Computer Class with Avril	<b>31</b> <b>9:30</b> Words Puzzle <b>10</b> Meditation <b>10:30</b> Dry Bar Comedy <b>11</b> Phase 10 <b>1</b> Rummikub		

**Kari Wahlquist, Director**  
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103 Turnberry Street  
Port Wentworth, Georgia 31326  
(912) 968-5411  
Monday through Friday, 9 a.m. – 2 p.m.  
*\*Activities subject to change*

## January Events

- 1 - **Center closed**
- 4 – Wear your PJs to the center
- 8 – Jackie Ogden will come speak on senior health issues.
- 9- First of 3 Tuesday computer classes with Avril from CLIC Computer Center in Port Wentworth.
- 11 – The Front Porch will be presenting their program of support for Grandparents supporting grandchildren.
- 15 - **Center closed**
- 29 – Melissa speaks – Health Topics for Seniors

## January Birthdays

7- Shirley O.  
23- Karen S.  
30- Max S.

“To read a poem in January is as lovely as to go  
For a walk in June.” – Jean Paul

**"January, the first month of the year. A perfect time to start all over again, changing energies and deserting old moods, new beginnings, new attitudes."**

- Charmaine J. Forde

**"I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're doing something."**

- Neil Gaiman