



MARCH 2024

Port Wentworth Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:30 Brain Bender 10 Beach Ball Soccer 10:30 Site Council 11 Trivia 1 Farkle Dice
4 9 Coffee and News 9:45 Zumba 10:30 Bingo 12:30 UGA Jackie Ogden 1:30 Afternoon Walk & Talk	5 9:30 Irish Words 10 Pickleball 11 Hangman Challenge 12:30 Margaritas on the Patio 1:30 Phase 10	6 OREO Day 9:30 Word Puzzle 10 Walk the Block 11 Coloring Calm 12:30 Oreo Tasting 1 Farkle Dice	7 9 Brain Bender 9:45 Tai Chi 10:30 Bingo 12:30 Lt. Hemmiger PW Police 1:30 Rummikub	8 9:30 Movie Quotes 10 Pickleball 11 Trivia 12:30 Magnetic Chess 1:30 Phase 10
11 9 Coffee and News 9:45 Zumba 10:30 Bingo 12:30 Kenny Sellers – Protecting Your Online Identity	12 9:30 Coffee and Newspaper 10 Noodles & Stretch 10:30 Hangman 1 Rummikub	13 9:30 Crosswords 10 Pickleball 10:30 Crosswalk The Musical 11 Grocery Deals 1 Phase 10	14 9 Word Puzzle 9:45 Tai Chi 10:30 Bingo 12:30 Dave Ellett: Hearing Health 1:30 Yahtzee	15 9:30 Irish Words 10 Pickleball 11 Lunch and a Movie: “The Quiet Man” 1 Rummikub <b style="color: red;">Wear- <b style="color: red;">Any Color BUT Green! (as much of one color as you can!)
18 <b style="color: green;">WEAR GREEN 9 Coffee and News 9:45 Zumba 10:30 Bingo 12:30 St. Patrick’s Treats 1 Guess Who	19 9:30 Words Puzzle 10 Walking 10:30 Hangman Challenge 1 Farkle Dice <b style="color: purple; font-size: 1.2em;">FIELD TRIP!!!	20 9:30 Brain Bender 10 Circuits & Gym 10:30 Travel to Ireland – Rick Steves 11 Grocery Deals 1 Phase 10	21 <b style="color: magenta;">Spring Equinox 9 Crosswords 9:45 Tai Chi 10:30 Bingo 12:30 Spring Planting 1 Rummikub	22 9:30 Word Matching 10 Pickleball 10:30 Coloring Calm 12:30 What’s new in Savannah 1:30 Phase 10
25 9 Coffee and News 9:45 Zumba 10:30 Bingo 12:30 Melissa Singleton Speaks 1:30 Phase 10	26 9:30 Coffee and Newspaper 10 Pickleball 10:30 Lizzie Therapy 11 Hangman Challenge 12:30 Farkle Dice	27 9:30 Words Puzzle 10 Meditation 10:30 Dry Bar Comedy 11 Phase 10 1 Rummikub	28 9 Word Puzzle 9:45 Tai Chi 10:30 Bingo 12:30 Seasonal Allergies 1 Phase 10	29 <b style="color: magenta;">Good Friday 9:30 Spring Traditions 10 Walk the Block 10:30 Karaoke with Alex and Colin 12:30 Easter Egg Hunt 1:30 Phase 10

Kari Wahlquist, Director
Ed Young Senior Center
103 Turnberry Street
Port Wentworth, Georgia 31326
(912) 968-5411
Monday through Friday, 9 a.m. – 2 p.m.
**Activities subject to change*

Events

- 4 - Jackie Ogden UGA ext.: "Nutrition & You"
- 5 - First Pickle Ball Game at the Gym
(see schedule for remaining games)
- 7 - Lt. Hemmiger from the Pt. Wentworth Police Dept.
- 10 - Daylight Savings. SET YOUR CLOCKS AHEAD ONE HOUR!
- 11 - Kenny Sellers: "Protect your Identity"
- 14 - Dave Ellet Sam's Club Audiologist: "Your Hearing Health"
- 15 - Wear as much of one color as you possibly can,
just NOT green!
- 18 - NOW wear GREEN!
- 19 - Field Trip to Oglethorpe Mall. Bus leaves promptly at 9:30 and will be
returning by 2pm. Check with Kari for details.
- 25 - Melissa Speaks: Health related topics for seniors
- 26 - Lizzie Therapy Day
- 29 - Karaoke with Alex and Colin

Birthdays

8 Judy Miller
22 Carl Horton
25 Carolyn Stevens

"The hard work puts you where the good luck can find you!"

"Staying positive does not mean that things will
turn out okay. Rather, it is knowing that YOU
will be okay no matter how things turn out."

"I am a great believer in luck, and I find the harder I work, the more I
have of it."

Thomas Jefferson

"You make your own luck. "

